Health-e

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Elementary School Lunch Menu

Monday

Tuesday

Wednesday

Weekly Sandwich

Choices:

Monday: Ham Tuesday: Egg Salad

Wednesday: Tuna

Thursday: NY Turkey

Friday: Assorted Choices

Thursday

Friday

Assorted Classic Pizza Romaine & Spinach Salad

Alabama Smokehouse Burger

(Cheeseburger w/bacon, lettuce and white BBQ Sauce)

Oven Baked Fries

Loaded Nachos W/ Meat & Cheese **Seasoned Carrots**

Ultimate Chicken Bowl WG Roll

Chicken & Cheese 7 On Sub Roll Egg Noodles W/ Butter Broccoli Slaw

Pepperoni Roll Or Cheese Roll W/Dipping Sauce Romaine & Spinach Salad

No School 4



Tacos on Hard Or Soft Shell Fluffv Rice **Refried Beans**

Grilled Cheese 13 Sandwich Campbell's Tomato Soup

Baked Ziti W/ Meat Sauce Garlic Toast Dessert

Assorted Classic 15 Pizza Romaine & Spinach Salad

18

Chicken Patty On WG Roll Rice Corn

Tenders

WG Roll

Sweet Potato Fries

19 **Beef Stroganoff** Over Noodles

Green Beans

Hamburg or 20 Cheeseburger On Roll **Potato Wedges** Roasted Broccoli

Tuna Melt

Thanksgiving Dinner Day! Turkey & Gravy, Mashed

Potatoes, Stuffing, Sweet Potatoes, Peas & Carrots, Dessert

Pepperoni Roll **77** Or Cheese Roll W/Dipping Sauce Romaine & Spinach Salad

French bread 26 Crispy Chicken 25 Pizza Romaine & Spinach Salad

No School 27 **Thanksgiving** Break!

HARPY THANKSGIVING

No Schoo 29 **Thanksgiving** Break!

Announcements

In Season Oranges

The orange is a citrus fruit and is a hybrid of the pomelo and mandarin. There are over 600 varieties of oranges worldwide.

Available Daily:

Canned Fruit, Fresh Fruit, Fresh Veggie, Hot Veggie of the Day May Choose up to two (2) Milk Choices:

1% White, Skim White Skim Chocolate, Skim Strawberry (when available) Daily Choices:

Sandwich of the Day PB&J

NY Yogurt Plate

Meal Prices

Breakfast and Lunch will be served at NO COST to students for the 19/20 school year!

Menu subject to change without notice.